

## CareerOneStop Interest Assessment

Name:

Date:

### What are your interests?

Career interests are the activities and work environments you prefer in a job. They might match up with your much-loved hobbies or projects, favorite school subjects, or the topics that most interest you. Your interests can help you find careers you might like to explore. The more the career aligns with your interests, the more likely it is to be satisfying and rewarding to you.

Ready to discover your interests? Get started with the [Interest Assessment](#). Indicate your interest level for each activity. To see the results of the assessment, click on “What does my score mean” on the left side of the screen.

Based on my assessment, my top three interest areas are:

Interest 1:	Definition:
Interest 2:	Definition:
Interest 3:	Definition:

Return to the list of occupations. On the left, select the amount of education you plan to pursue.

Select three occupations that most interest you. Read and view the videos for each topic, and then complete the following.

Job #1 Title:
Typical wages:
Projected employment:
Typical education:
What might you do in a day:
Pros and Cons Based on Your Interests:

Job #2 Title:
Typical wages:
Projected employment:
Typical education:
What might you do in a day:
Pros and cons based on your interests:

Job #3 Title:

Typical wages:

Projected employment:

Typical education:

What might you do in a day:

Pros and cons based on your interests:

Based on your skills, which job would be the best fit for you and why?